

5th World NURSING AND NURSING CARE CONGRESS

March 11-12, 2019 Orlando, USA

Geriatric falls: Contributing factors and ways to prevent

Marie Grace Jacildo

The Association for Vascular Access New York Metro Network, USA

In the past decades, fall incident has been recognized as one of the leading causes of fatal or non-fatal injuries among elderly. Common consequences may result to different kinds of fractures from the hip, thigh bone, pelvis and spine. This may also cause severe head injuries that lead to death. Fall usually happens as a person aged. Mostly, 65 years old and up falls annually depending how frailty an older adult gets. Geriatric falls threaten the financial capability, safety and independence of geriatric population especially when dealing with their ADL (Activity Daily Living). An average cost of \$30,000 is consumed in treating fall injuries depending on the type of medical needs to be done. Moreover, it also affects the elders' quality of life which result to depression, social isolation, and feeling of helplessness. However, falling is not an inevitable result of aging. This research presents a review of literature on the contributing factors and ways to prevent falls. Recommendations present useful guide for medical professionals and family members on how to reduce such incident from happening.

Biography

Grace is a Registered Nurse from New York, USA & Philippines. An alumna from Manila Tytana College (formerly Manila Doctor's College) took her Bachelor of Science in Nursing back in 2008. She worked as a Staff Nurse in the Philippines under MediCard HMO (OPD Clinic) and eventually assigned at Medical-Dental clinic of Senate of the Philippines. IV Therapist trained for years. Grace is a member of (AVANY) Association of Vascular Access New York Metro Network, and a formerly member of Philippine Nurses Association (PNA-NY). She just got her certificate as a Ventilator Trained Nurse and doing Geriatric nursing practice in Bronx, New York as one of the Nursing Supervisor/ Charge Nurse.

graceyjacildo@gmail.com

Notes: