

# Webinar on NATURAL PRODUCTS, CAM THERAPIES, AND TRADITIONAL CHINESE MEDICINE

July 04, 2022 | Webinar

Received date: 01-03-2022 | Accepted date: 03-03-2022 | Published date: 08-07-2022

## Herbal skin care Arabic medicines in (Al-Tasrif) book of Albucais

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**Introduction:** Cosmetology is the scientific study and application of aesthetic and therapeutic cosmetic products to hair, skin and nail care. The notable Arab Andalusian cosmetologist, Abu al-Qasim al-Zahrawi (Albucais) considered cosmetics a branch of medicine, which he called (Adwiyat al-Zinah) "Medicine of Beauty", and in which he addresses similar aesthetic issues.

**Aim:** To introduce the most significant achievements of Albucais in the field of cosmetology and shed light on the method of preparation of cosmetics and the drugs of beautification which Albucais had been famous for, and analyze his cosmetics textbook.

**Material and Methods:** Historical research methodology is adopted. It is based on ancient Arabic medical books; historic medical publications of the ancients, contemporaries, and orientalist; and the nineteenth volume of Albucais encyclopedia (Al-Tasrif Liman Ajiza An Altaleef), a Guide to novice practitioners. This volume is mainly about cosmetics and scents.

**Results:** By the study of commandments given by Albucais we can mention:

- 1- The nineteenth volume of his encyclopedia, especially its second section, is unique; it is concerned with the preparation of cosmetics.
- 2- He had described the care and beautification of the skin.

**Conclusion:** Albucais is the Father of cosmetics and beauty treatment, and his cosmetics chapter was the first original contribution to cosmetology worldwide.

### Recent Publications:

1. Khatib C, Nattouf A, Hasan Agha MI. Traditional medicines and their common uses in central region of Syria: Hama and Homs - an ethnomedicinal survey. *Pharm Biol.* 2021 Dec;59(1):778-788. doi: 10.1080/13880209.2021.1936078. PMID: 34165371; PMCID: PMC8231352.
2. Khatib C, Evaluation of Pistacia vera L. efficacy (Syrian traditional medicine) as adjuvant treatment for Cutaneous Leishmaniasis, "2 nd World Congress on Complementary and Alternative Medicine", Pulsus Conferences and the Organizing Committee of CAM Therapies 2021, Paris, France
3. Khatib C; Agha M.I.H. and Nattouf A.H., Chemical Study of the Propolis Collected from The Masyaf Region and Antioxidant Activity Evaluation, *Arab Journal of Pharmaceutical Sciences*, Volume 6, No. 5, December 2020, (Arabic).

### Biography

Chadi Khatib has PhD from Aleppo University, Syria. He is the Manager of Syrian Society of Complementary Medicine, Syria. He has many scientific publications, Chadi has focused on developing natural Syrian herbal and cosmetic products, eventually leading to his 11 patents. Also he has awarded certificate of reviewing from ELSEVIER & Journal of Applied Research on Medicinal & Aromatic Plants. He was selected as one of JCI's Ten Outstanding Young Persons of 2021, in the category of Medical Innovation, JCI World Congress hosted in South Africa. Also he is a lecturer at Manara University, Syria.

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