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Investigation and measurement of some mineral and vitamins in eggplant fruit calyx, and the possibility of being used as Food supplements and alternative medicine

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Food supplements are Plenty present in medicinal markets and have taken a great importance as they compensate for many of the minerals and vitamins lacking in human body, but most of them rely on introducing a chemicals substances in there composition without making an attention to their representation or its harmful effects in the body ,this research has been interested in this regard and studied the components of eggplant calyx(cones) by confirming the existence of some minerals and vitamins with the identification of values and calibrated It, all these results has been compared with previous studies of these elements in edible part of the eggplant with mentioned of the daily recommended intake and the value of minerals and vitamins was greater than that in the edible part. So, this study shows the importance of these minerals and vitamins and links their presence with each other in influencing the health of the body and how it could protect it from certain diseases. Hence, we can say that this neglected and damaged eggplant calyx in our system Food is a natural and balanced food supplements, therefore this discovery will be important in the manufacture of dietary supplements.

Biography

Khuloud Al Nachar has completed master's degree in Damascus University. Currently she is working as Pharmacology Teacher at Laboratory of Kalamoon University.

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