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Nurses' role during healthcare continuum for cardiovascular diseases

Statement of the Problem: Cardiovascular Diseases are a global health challenge. They represent about half of all deaths from the non-communicable disease in Europe. According to the World Health Organization (WHO), nine targets should be reached in lifestyle, risk factors, and medicines, in order to reduce the premature mortality from non-communicable diseases by 25% until the 2025 year. Nurses represent most health professionals. So, their commitment to taking responsibility in cardiovascular disease management is the best guarantee for achieving the target set from WHO. The purpose of this review article was to address the role of nurses during healthcare continuum for cardiovascular diseases.

Methodology: For this review, a search on Medline, PubMed, PubMed Central, and Google are used to identify the right literature. Literature research is done using keywords: Nurses role, healthcare continuum, vascular diseases.

Findings: The activity of nurses with civic sense is important to public health interventions in the community. Being near to the patient, the nurse is in the best position to undertake measures for the management of emergent cardiac events. It is known that cardiovascular rehabilitation improves the well-being of patients with cardiovascular disease. However, less than half of those with cardiovascular disease attend rehabilitation programs for cardiovascular disease. Nurses have an integral role in caring for and assisting patients who are recovering cardiovascular diseases. Preventive and therapeutic education as well and self-management performed by nurses are the winning elements of the primary and secondary prevention of cardiovascular disease. Lack of knowledge, work overloads, and unclear roles are some of the barriers in the role of nurses.

Conclusion & Significance: The involvement of nurses in the middle of the multidisciplinary team during healthcare continuum is necessary for the achievement of the goals set by the WHO.

Biography

Sejran Abdushi experienced in clinical medicine and in the teaching process. He is an active researcher most interested in cardiovascular concerns. Actually, is a part of the accademic staff at Nursing School of UBT – High Education Institute of Prishtina.

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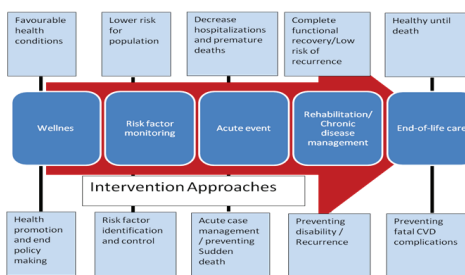


Figure 1: Nurses interventions during health care continuum for cardiovascular diseases