

Scientific Tracks & Abstracts



Sessions on

Clinical Psychiatry | Immunology | Mental Health | Covid-19

Session Introduction

Title: Assessment and evaluation of signs and symptoms related to mental disorder among general population of Iraq and ISIS fighters

Darya R Ahmed, Koya University, Iraq

Title: A study of relationship between happiness and academic achievement among university students

Anam Zafar, M.Phil. University of Gujrat, Pakistan

Title: Psychiatric Hospital Nurses' Attitudes Towards Trauma-Informed Care

Sarah Cilia Vincenti, Mount Carmel Hospital Malta

Title: Mental Health Matters !! But the word has long way to go

Brendan Vaudequin, Alpha Zulu - United Nations Advocates

5th World Congress on Psychiatry & Mental Health Nursing

January 25, 2022 | Webinar

Assessment and evaluation of signs and symptoms related to mental disorder among general population of Iraq and ISIS fighters

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Background and Objectives: Most of the population worldwide is suffering from mental illness due to one reason, or other but very limited data is available specifically in Iraq. Iraq has had long history of wars and terrorist activities during the last four decades. Limited research is carried out that focus specifically on mental health and its related subheadings to understand the trends of research in this field. Therefore, this systematic review aims to understand the connection between the studies in a special period on mental health and the areas that these papers cover in this field.

Methods: by using the protocol of PRISMA, 33 full-length English language articles were searched in the major databases, (PubMed, EMBASE and MEDLINE). With the help of specific keywords like "mental health in Iraq," "anxiety," "depression," "Iraq survey," "Psychosis," "postpartum," "prevalence of mental illness in Iraq," "Prevalence of Mental disorders in Iraq." 14 articles were finally selected for further data extraction. Result: findings revealed a wide coverage of different factors like violence, war, individual with diabetes, stress environment, infertile women, parents of children with cancer, and old aged are responsible for the mental health problems. Topics such as child and adolescent mental health include hospital-based studies on psychiatric problems of children, community-based investigation on the mental health of a different group of minorities, the prevalence rate among different age groups child and adolescent population, and studies on prevention and intervention strategies for boosting mental health care in the area should be considered for further detail investigation.

Conclusion: This systematic review indicated that research in the mental health field needs to be reconsidered regarding the priorities and focuses according to the need of country. Though major factors have been identified but there is an uneven distribution of the present mental health situation and published studies.

Biography

Draya from Kurdistan region of Iraq. I have B.Sc. in clinical psychology with a top graduate award. I worked with several local and international agencies and NGOs. Currently I'm mental health consultant with Americares, clinical provider with ComPsych and assistant lecture at Koya university. Moreover, I conducted and developed many tools and research all of them under review currently, Also I served as reviewer in some international peer-reviewed journals such as Global Psychiatric and UKH social science journals.

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A study of relationship between happiness and academic achievement among university students

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The aim of the present research was to investigate the relationship between Happiness and Academic achievement among university students. Additional analysis was run to examine the gender differences in the level of happiness and academic achievement among university students. The sample of the present study consisted of two hundred and five (n=205) adult students including 102 males and 103 females. Sample was selected by using proportionate stratified random sampling technique. Data was collected using Subjective Happiness Scale by Lyubomirsky & Lepper (1997) and academic achievement was measured by self-report grade point average (GPA). The data was analyzed by using SPSS (statistical package for social sciences) 21.0 Version. Descriptive statistics, Spearman rho, Mann-Whitney test were employed to analyze the research data. Results showed that there is a significant and positive relationship between happiness and academic achievement among university students. Results also exhibited significant differences between male and female with respect to their level of happiness. Limitations and Recommendations of the research are discussed.

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Psychiatric Hospital Nurses' Attitudes Towards Trauma-Informed Care

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TIC at the state psychiatric hospital in Malta. Statement of the problem: The high prevalence of trauma among mental health service users has been extensively reported. Consequently, the integration of a trauma-informed ethic in mental health care service delivery is being increasingly recommended. Service providers' attitudes towards trauma-informed care (TIC) are a particularly measurable outcome for ascertaining whether a service is trauma-informed. However, research on mental health professionals' attitudes towards TIC is scant. Aim: This mixed method study was designed to gain an initial understanding of nurses' attitudes towards Methods: One hundred and thirty-six nurses completed the Attitudes Related to Trauma-Informed Care scale. Data were analysed using inferential statistics. A focus group interview among ten nurses ensued. Thematic analysis was used. Findings: Nurses demonstrated favourable TIC attitudes. Ambivalent attitudes for the subscale "Causes" were identified. Nurses employed for less than 5 years at the hospital and those in acute settings displayed more favourable attitudes on some subscales. Three themes "Awareness," "Unhealthy boundaries" and "Inhibition" emerged from qualitative analysis. Conclusions and significance: Challenges uncovered in the provision of TIC include the unacknowledged impact of trauma on challenging behaviour among nurses, the influence of blurred professional boundaries with long-term clients on the cycle of perpetuated trauma identified by previous research and nurses' work-related traumas. Identified challenges to TIC integration among nurses can facilitate the implementation of TIC in hospitals. TIC educational packages for nurses should acknowledge traumatic histories in the aetiology of challenging behaviour and stress the importance of maintaining professional boundaries with clients.

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The action plan is organized around a vision, goals, cross-cutting principles, universal access, human rights, evidence-based practice, life-course, and multi-sectoral approach, followed by a set of indicators and targets to be achieved in 40 years. The vision of the Plan is ambitious a world in which, (through football) a universal standard of quality checked fundamentals of a Psychological Atlas Program is valued and promoted. Subsequently, mental health awareness transcends any cultural stigmas and prevents disorders, in which persons affected by these disorders are able to access culturally appropriate health and social interventions. Youth within the various developmental phases of football (Grassroots Predevelopment Development) have a close loop quality managed system that will aid in directing future evidence-based practice within performance. It positions the necessity for more longitudinal research to better understand the many facets of psychological interventions and monitoring within football not merely at a mental health position but performance-based outcomes as well. The Plan relies on a number of cross-cutting principles: universal access and coverage, human rights, evidence-based practice, life course approach and a

The focused key objectives will be methodical and determined by an International Panel of Experts, leading in the field, both academic and practitioner alike. The Plan will include a set of achievable targets to measure global progress in its implementation. Countries are expected to develop their own national target within a needs assessment, thus aligning with global targets which will aid in the design of a

The data will be collected and published at a national level. Governed under the various nations within their respective confederations on a core set of indicators and will be cross-examined for an international case study that will benchmark a Psychological Atlas programme by 2032. Some comparisons across time will be possible on a global, regional and national level which will dictate where future evidence-based research and direction will lead. However, the main objective is to have a fundamental structure at all levels of football in youth development having access to core psychological awareness.

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