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Study on peer caring interaction among nurses in critical care settings

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Introduction: In current state of health system, attention to the cost is more than attention to caring and workforce shortage is evident; accordingly, nurses are too busy to do their professional duties and they don't have enough time to care for their peers. This situation among nurses who are working in critical care settings is more visible. Accordingly and because the non caring interaction among them has negative outcome that may cause violence and its complication. In first step, study has been done about peer nurses caring interaction in critical care setting.

Material and methods: In this cross-sectional study, 135 ICU nurses and 107 CCU nurses from selected hospital of Tehran university of medical sciences and health services met inclusion criteria, were selected by simple random and quota sampling. Peer group caring interaction scale has been used. This scale includes 16 items and was designed in likert scale (1-6). This self report questionnaire has been completed by participants. Fisher's exact test, Pearson, Spearman, and independent t-test were used to analyze the data.

Result: Results showed that obtained scores from the questionnaire in ICU nurses and CCU nurses were more than 64, meaning that caring interaction among nurse was strong. There were no significant differences between level of peer group caring interaction in ICU and CCU ($p > 0/05$). (Peer group caring interaction with gender was statically significant ($p < 0/005$), meaning that peer group caring interaction was stronger in women than men. There was no significant correlation with other demographic characteristic listed.

Conclusion: Based on these result, ICU and CCU nurses support and care each other and there was no differences between caring interaction in ICU and CCU nurses in this regard. Peer nurses caring interaction and supporting among female nurses were stronger than male nurses.

Biography

Vida Torabi is 41 years old. She is a critical nurse graduated from School of Nursing and Midwifery of Tehran University of Medical Sciences. She is working in CCU at Imam Hossein hospital in Tehran, Iran.

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