

6th World Congress on
Gynecology and Obstetrics

June 20-21, 2022 | Paris, France

DAY-1
Keynote Forum



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Dionne Wright Poulton

Care New England Health System, USA

Bettering nursing healthcare: Teaching Nurses how to identify, address and mitigate racial bias in practice

Ironically, the year 2020 afforded us an opportunity to ‘clearly see’ the deep impact of racism and racial bias on black and brown people around the world. From Covid-19 disproportionately effecting and infecting many thousands—to the shockingly heinous murder of George Floyd, for many witnesses it was a unique, eye-opening experience. However, for others it was an “It’s about time” moment that finally and unequivocally elucidated the tragic lived experiences of black and brown people in our society. These events should not have been a surprise to nurses or any other healthcare workers either— especially those in the United States. According to the Center for Disease Control, black women are three to four times more likely to die from pregnancy-related causes than white women, and the US has the worst pregnancy-related death rates than in any industrialized country—including behind Mexico and Uzbekistan. Researchers posit the root cause of these tragic statistics is racism, which is succinctly defined as “Racism=Prejudice + Power” (Bidol, 1972). This equation is especially helpful for Chief Diversity Officers leading diversity endeavors in healthcare systems to reference when educating nurses about the adverse impact of racism and racial bias on the lived experiences of black and brown people. It is also an equation, by definition, that signals to all healthcare professionals, their potential to practice racism and racial bias without full awareness or intent. Research suggests there is a normal and involuntary component to how the brain makes snap judgments, associations, and categorizations to make sense of the world, so this must likely happen at work too. Thus, teaching nurses and other healthcare professionals to consider racial bias as a possible influence on their practice is not an indictment on these professionals. It is education. This presentation provides specific strategies re how to address resistance from nurses in healthcare systems who might reject the notion that as members of a “helping profession,” that they could ever harbor or potentially exhibit racial biases that can potentially lead to adverse outcomes and experiences for black and brown patients.

Recent Publications

1. Bidol, Pat A. (1972) Developing New Perspectives on Race: An Innovative Multi-media Social Studies Curriculum in Racism Awareness for the Secondary Level. *New Perspectives on Race*.
2. Racial and Ethnic Disparities Continue in Pregnancy-Related Deaths, Black, American Indian/Alaska Native women most affected, September 5, 2019

Biography

Dionne Wright Poulton is Vice President and Chief Diversity Officer at Care New England Health System in the State of Rhode Island where she oversees all diversity, equity and inclusion endeavors involving almost 8,000 employees and many thousands of patients served each year at three hospitals, four healthcare facilities, and at 80+ ambulatory sites across the State. She is a leading expert on DEI, unconscious bias, and transformational adult learning and behavior, and is a certified K-12 teacher with degrees from Rice University, University of Toronto, San Francisco State University, and a Ph.D. from the University of Georgia. Dr Poulton also sits on several Boards, including the American Heart Association, and has been featured in *Forbes*. She is also author of the acclaimed book, *It’s Not Always Racist...but Sometimes It Is: Reshaping How We Think About Racism* (2014, Archway Publishing); and is host of the popular podcast, “The Dr. Dionne Show,” which focuses on DEI in the workplace and beyond. Dr. is a proud mom of two teenaged young women.

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Lakel Ebb

Founder/CEO of The Wealthy Nurse Institute, USA

Improving bedside care quality through strong healthcare leadership

The healthcare industry is one of the most demanding, with thousands of nurses tasked with providing exemplary care to patients each day. Unfortunately, the truth is that while nurses play an integral role in improving healthcare experiences for patients, they're often overworked, underpaid, and under appreciated. In addition, most nurses struggle to find the ideal balance between their work and personal lives because their jobs are so emotionally, mentally, and physically taxing. Poor leadership in the nursing field creates growing problems for healthcare professionals and makes it difficult to improve the level of care provided to patients at the bedside due to a lack of support and guidance. The key to resolving this problem is to focus on providing quality leadership within various healthcare organizations. Nurse leaders are paving the way for patients to receive a much greater level of care. They're working every day to open doors for communities, including those in underserved and disadvantaged areas, to receive the high-quality care they need and deserve. By changing the way in which healthcare leadership operates, more advantages to the public who depend on the services provided by nurses will be seen. Individuals with a nursing background and mindset bring a brand new and much needed perspective to leadership boards at hospitals and healthcare facilities. It is essential that these nursing leaders step up to advocate for nurses. Ensuring nurses are happy and healthy in their day-to-day job will ensure top-quality care for deserving patients. When nurses are able to implement change at the leadership level, increasing their influence, and use their expertise to change the way in which nurses work on a daily basis, bedside care for those that need it the most drastically improves. Leveraging your expertise can help you get significantly further in your nursing career. Although you'll face a series of challenges in making the shift from the bedside to businesses, you can expect to see the fruits of your labor blossom into something incredible with effort and determination. You can take what you've learned throughout the years and use it as the stepping stone in a new leadership position. The Wealthy Nurse Business System will guide you on your path to success, encouraging you to utilize your skills to become a nurse leader who excels in running a healthcare business. Discover how you can increase your influence while doing what you're passionate about and enjoy most. Along with the business system, The Wealthy Nurse offers a high-quality luxury scrub line designed with Nurse Managers, Chief Nursing Officers, Supervisors, and other healthcare leaders in mind. Designed by a Registered Nurse with more than 15 years of experience in the nursing field, these sophisticated pieces provide nursing professionals with professional yet comfortable clothing to wear when completing daily tasks. When you look good and feel your best, you can maintain a healthy mindset and remain productive throughout the day. Wealthy Nurse Scrub is not just a brand; it's a lifestyle!

Biography

Lakel Ebb is a nurse entrepreneur, founder/CEO of The Wealthy Nurse, Well Managed Care and host of "The Wealthy Nurse Hour" Podcast on Voice America Radio. Having worked in the nursing profession for over 15 years, she understands deeply the enormous role nurses, aides, and caregivers play in providing quality healthcare to patients in hospital and at home. Recognizing how undervalued and underpaid these dedicated professionals often are, she established The Wealthy Nurse Institute to offer consulting services, education, business strategies, and coaching for nurses and aides looking to succeed and advance. Whether she's providing one-on-one guidance or teaching a lecture at one of the local colleges, Ms. Ebb boosts morale and offers invaluable insight on leadership and business strategy, reimbursement methods, regulations, management principles, delegation, conflict resolution, persuasion, and more. She promotes creativity and flexibility,

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encouraging others to welcome challenges while maintaining the highest levels of trust, patience and exceptional care. Lakel Ebb's journey from bedside to business began when she entered healthcare as a nurse's aide. She earned her Bachelor of science degree in Nursing and is currently continuing her education to earn her MSN and MBA at the University of Maryland School of Business. Throughout her nursing career, she has worked as an ER nurse, case manager, and nurse instructor. Lakel has gained most of her experience from world renowned facilities such as Johns Hopkins Hospital and George Washington University Hospital. Lakel Ebb believes in working hard and staying humble. To stay centered, she writes and listens to daily affirmations on peace, purpose and wisdom. When she's not working, Ms. Ebb enjoys quality time with her husband and four children.

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Jennifer Jaque-Rodney

University of Lubeck, Germany

"Family Midwives" - Emotional and Social-Psychological support and care for all kinds of families

The true meaning behind Early Childhood Support allows us to identify and provide effective early support to parents and their new-borns and children before problems occur.

Effective Early Childhood Support works to prevent problems occurring, or to tackle them directly before problems get worse.

The Early Childhood Support goals in Germany derive from the UN Convention on the Rights of the Child (CRC), according to which all children have the right to protection, support, and participation, 'irrespective of the child's or his or her parents' or legal guardians' race, colour, sex, language, religion, political or other opinion, national, ethnic or social origin, property, disability, birth or other status' (Art. 2, Section 1, CRC).

The work of the "Family Midwives" within the Early Child Support schemes is available in all federal states in Germany.

The Family Midwives are employed in Mother Child Support Projects taking care of single parent women, or men, pregnant women and mothers and fathers, who live in communal institutions with an absence of social support within their family.

Early Childhood support through Family Midwives offers a variety of support for families with children up to the age of three.

Family Midwifery acts on behalf of health promotion and health prevention. The psychosocial, emotional, and medical counselling and support of families in need is of utmost importance. The work involves regular home visits and home care with the interdisciplinary cooperation with other professionals.

Family Midwives work with Doctors, Social workers, Welfare services, Teachers, Educators, Government run-facilities, public facilities, and other such social services.

Continuity of care with a trusted professional who has the competence to set up and maintain a medical and social network with support during and after pregnancy, by taking care of parents with their new-borns and small children of up to three years of age is of utter importance to fulfil the goals an idea of a targeted Early Childhood Support.

Recent Publications

1. Jaque-Rodney, Jennifer (2021): Breastfeeding support for women from other cultures. In: German Association of Midwives (ed.) (2021, 2nd edition): Practical book: Special breastfeeding situations. Stuttgart: Georg Thieme Verlag; Pages 507 - 511.
2. Jaque-Rodney, Jennifer (2020): Family Midwives: Early Prevention built on long-term trust and respect. In: Evertz, Janus, Linder (eds.) (2020): Handbook of Prenatal and Perinatal Psychology. Basel: Springer International Publishing. pp. 619-626

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3. Jaque-Rodney, Jennifer (2017): Intercultural nutritional counseling by the midwife. In: All around (2nd edition/2017): 4-8
4. Jaque-Rodney, Jennifer (2017): The work of the family midwife: different and yet the same. In: German midwife journal (10-2017): 39-42

Biography

Jaque-Rodney in 2000 has been the Co-founder of the network Family Midwives. In 2001, she has been Provision of the Internet presence www.familienhebamme.de - the first online portal for family midwives. In 2004 – 2005, Contribution towards the German Midwifery Association (DHV) curriculum "From the Midwife to the Family Midwife" and to the professional profile "The Family Midwife". 2007 First Family Midwives' representative of the state association of Family Midwives in North Rhine-Westphalia. 2008 Development and implementation of the "Bochum Prenatal Prevention Project" as a Family Midwife and project coordinator at the public health department of the city Bochum. 2009 Member of the expert commission "Child Protection" of the Ministry "Children and Youth" of the state of North Rhine-Westphalia. 2010 Member of the German Midwifery Associations (DHV) commission "Family Midwifery". Since 2010 Organiser the advanced training courses "From the Midwife to the Family Midwife" in the state of North Rhine-Westphalia. 2011 Completion of studies (BSc) of Midwifery Sciences at Caledonian University of Glasgow UNICEF New Year reception. Since 2012 Development and implementation of Mülheim's Early Prevention project "For a Good Start into Life" as a project manager and coordinator of Mülheim's Social Urban Development Company Ltd. (Mülheimer Gesellschaft für soziale Stadtentwicklung mbH). 2012 Contribution towards the guideline for municipalities "The Deployment of Family Midwives in Early Prevention Networks" of the National Center for Early Prevention (Nationales Zentrum Frühe Hilfen – NZFH). 2012 Contribution towards the "Competence Profile Family Midwives" of the National Center for Early Prevention (NZFH).

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Loujain Sharif

King Abdulaziz University, Saudi Arabia

An exploration of family caregiver experiences of burden and coping while caring for people with Mental Disorders in Saudi Arabia—A qualitative study

Family caregivers of people with mental disorders face a number of burdens and stressors, such as associative stigma and burnout. These burdens are often a result of their caring role coupled with insufficient support or ineffective coping strategies, which can affect their quality of life and biopsychosocial integrity that, in turn, may affect the care they provide. This study aimed to explore the experiences of family caregivers of people with mental disorders, through examining the burdens that they face and the coping strategies that they use. Using a descriptive qualitative approach, 13 semi-structured interviews were conducted with members of the Saudi public, recruited through popular social media platforms and analysed using thematic analysis. Five main themes were constructed from the data: Type of care, Challenges, Coping and support, Perceptions of public awareness, and Messages to others. The findings emphasize the different types of burdens that caregivers experience, and their needs that require a range of responses such as educational training on effective coping strategies, and psychological support in the form of counselling or group therapy. This study highlights the voice of caregivers and their message to the public, in order to correct the misconceptions surrounding mental disorders and those associated with them.

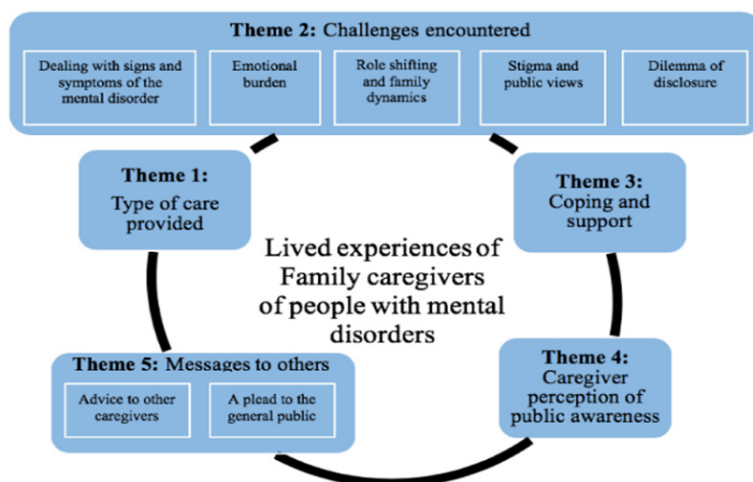


Figure 1. Diagrammatic representation of the main and sub-themes found in this study.

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Recent Publications

1. Noorwali, R., Almotairy, S., Akhder, R., Mahmoud, G., Sharif, L., Alasmee, N., ... & Hafez, D. (2022). Barriers and Facilitators to Mental Health Help-Seeking among Young Adults in Saudi Arabia: A Qualitative Study. *International Journal of Environmental Research and Public Health*, 19(5), 2848.
2. Aljohani, W., Banakhar, M., Sharif, L., Alsaggaf, F., Felemban, O. and Wright, R. (2021). Sources of Stress among Saudi Arabian Nursing Students: A Cross-Sectional Study. *International journal of environmental research and public health.*, 18(22), 11958;
3. Alreshidi, N. M., Alghamdi, S., Shibily, F., Mahsoon, A., Alasmee, N., Sharif, L., ... & Siddiq, N. (2021). The Association between Using Personal Protective Equipment and Headache among Healthcare Workers in Saudi Arabia Hospitals during the COVID-19 Pandemic. *Nursing Reports*, 11(3), 568-583.2

Biography

Loujain Sharif completed her doctoral degree in Nursing Research at King's College London which entailed devising and testing an educational intervention to reduce mental health-related stigma in a sample of nurses in Saudi Arabia. She also has a Master of Science in Mental Health Studies from the Institute of Psychiatry and Psychology and Neuroscience (IoPPN), King's College London. She is currently an assistant professor and the head of the Psychiatric and Mental health nursing department at the Faculty of Nursing at King Abdulaziz University , Jeddah, Saudi Arabia.

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